



Ministero dell'Istruzione
Ufficio Scolastico Regionale per il Veneto
UFFICIO VIII - AMBITO TERRITORIALE DI VICENZA
Borgo Scroffa, 2 - 36100 Vicenza

VIDEO-LEZIONI che poterbbero essere utili per la DD

SCHEMI MOTORI
LE CAPACITA' MOTORIE
LA COORDINAZIONE MOTORIA
E L'EQUILIBRIO
L'ALLENAMENTO

<https://www.youtube.com/watch?v=vWzQbeHmGdQ>
<https://www.youtube.com/watch?v=xRJ3XWHwdSM>
<https://www.youtube.com/watch?v=FW9kCbB4>
<https://www.youtube.com/watch?v=jZRb6pLt1WI>

SISTEMA MUSCOLARE
SISTEMA SCHELETRICO
L'APPARATO SCHELETRICO
L'APPARATO RESPIRATORIO
L'APPARATOCARDIOCIRCOLATORIO

https://www.youtube.com/watch?v=k2k_a-eiocI
<https://www.youtube.com/watch?v=qo2eFDk-ZIs>
<https://www.youtube.com/watch?v=GMJ2Tzi1dt4>
<https://www.youtube.com/watch?v=-GbB-MrtHnQ>
<https://www.youtube.com/watch?v=madUk5q5NLE>

LA NUTRIZIONE
LE DIPENDENZE
PARAMORFISMI
TECNICHE DI PRONTO SOCCORSO

https://www.youtube.com/watch?v=Pr_ols0Azzo
<https://www.youtube.com/watch?v=YS3C0UApe70>
<https://www.youtube.com/watch?v=Vddd9et6Vs>
<https://www.youtube.com/watch?v=dougDzoFZyq>

ATLETICA
ATLETICA
PALLAVOLO
PALLAMANO
CALCIO
RUGBY
BASKET
ORIENTEERING

<https://www.youtube.com/watch?v=QwF3jESBfUc>
<https://www.youtube.com/watch?v=QwF3jESBfUc&t=7s>
<https://www.youtube.com/watch?v=gxgwKIqpgLE>
<https://www.youtube.com/watch?v=7bpYNXWRo8U>
<https://www.youtube.com/watch?v=X9MWh7AIUfQ>
https://www.youtube.com/watch?v=P_ShgD14ZCs
<https://www.youtube.com/watch?v=EABafv8esQ>
https://www.youtube.com/watch?v=M9_IXh2x-vk

STORIA DELL'ATLETICA
STORIA DEL CALCIO
STORIA DEL RUGBY
STORIA DEL NUOTO
STORIA DEL BASKET
STORIA DEL VOLLEY
STORIA DELLA BOXE
STORIA DEL TENNIS

<https://www.youtube.com/watch?v=H7mNsIVZuu8>
<https://www.youtube.com/watch?v=44vLzLuoaq0>
<https://www.youtube.com/watch?v=v-kvngygXIM>
<https://www.youtube.com/watch?v=DKPN9PkfInU>
https://www.youtube.com/watch?v=lfZ9oz_ty8c
<https://www.youtube.com/watch?v=kpUz3TlaN-0>
<https://www.youtube.com/watch?v=jYjvgIFFIbQ>
<https://www.youtube.com/watch?v=RQTYHuEfAm8>